

Nummer	Naam	Categorie	Eindtijd	Zwem	T1	Fiets	T2	Loop	F1	F2	F3	F4	F5	F6	F7	F8
38	Rick Marsman	WedM	29:41	03:46	00:51	15:40	01:32	07:52	02:03	01:55	01:56	01:57	01:55	01:56	01:57	02:00
116	Luc Henderik	RecM	30:39	03:44	01:02	16:18	01:38	07:57	02:16	01:59	02:00	02:00	01:58	02:00	01:59	02:06
16	Jorn Knops	WedM	31:21	04:01	01:00	15:50	01:31	08:59	01:59	01:59	01:59	01:57	01:57	01:57	01:57	02:04
42	Hugo Overmeen	WedM	31:21	03:19	00:55	17:25	01:47	07:55	02:03	02:09	02:13	02:14	02:07	02:15	02:08	02:17
37	Sven Duits	WedM	31:25	03:46	01:17	16:04	01:33	08:45	02:01	01:58	01:58	02:01	01:59	02:00	02:01	02:05
1	Emiel Sanders	WedM	32:21	03:59	01:00	16:53	01:40	08:49	02:09	02:06	02:06	02:05	02:04	02:04	02:04	02:14
6	Sven Sloots	WedM	32:45	03:41	01:12	16:54	01:39	09:18	02:02	02:06	02:08	02:06	02:08	02:09	02:07	02:10
18	Andy de Jong	WedM	32:47	03:52	01:17	16:46	01:39	09:12	02:06	02:05	02:04	02:06	02:05	02:05	02:05	02:11
30	Jan Willem Welberg	WedM	32:56	04:23	01:20	16:37	01:32	09:04	02:09	02:04	02:05	02:03	02:02	02:01	02:04	02:10
15	Henk Wildeman	WedM	33:14	04:29	01:15	15:56	01:30	10:04	02:04	01:59	02:00	01:59	02:00	01:57	01:57	02:01
7	Jesper ten Hoeve	WedM	33:16	03:54	02:10	17:00	01:31	08:41	02:07	02:08	02:09	02:07	02:07	02:07	02:06	02:10
17	Sander Stoevenbelt	WedM	33:21	03:43	01:08	17:06	01:43	09:40	02:07	02:08	02:07	02:08	02:06	02:06	02:08	02:17
5	Robin Klein Boonschate	WedM	33:23	03:43	01:11	17:44	01:47	08:58	02:10	02:10	02:14	02:11	02:14	02:13	02:15	02:18
20	Felix Wolbert	WedM	33:47	04:39	01:14	16:40	01:33	09:41	02:12	02:02	02:05	02:02	02:02	02:04	02:02	02:10
9	Niels van Coeverden	WedM	33:48	03:45	01:00	16:50	01:42	10:31	02:15	02:00	02:05	02:06	02:05	02:05	02:05	02:09
10	Lieke Hegeman	WedV	34:00	04:11	01:04	17:33	01:45	09:27	02:14	02:11	02:11	02:11	02:12	02:10	02:10	02:15
35	Frank Jacobs	WedM	34:19	05:11	01:29	16:28	01:25	09:46	02:12	02:05	02:03	02:02	02:00	02:01	02:00	02:06
4	Edwin Bordes	WedM	34:25	03:51	01:00	18:14	01:52	09:27	02:13	02:16	02:18	02:16	02:16	02:18	02:16	02:22
39	Harm Wevers	WedM	34:34	03:01	01:50	17:33	01:47	10:23	02:12	02:09	02:13	02:12	02:14	02:07	02:15	02:11
31	Arnaud Kruizinga	WedM	34:44	05:07	01:14	16:39	01:32	10:12	02:08	02:03	02:04	02:04	02:03	02:04	02:03	02:08
11	Simon Krukkert	WedM	34:47	04:22	01:05	17:51	01:44	09:44	02:09	02:14	02:13	02:13	02:12	02:12	02:17	02:21
76	Ron Griep	RecM	34:58	03:50	01:15	18:21	01:48	09:44	02:18	02:17	02:18	02:16	02:17	02:16	02:17	02:21
41	Jacco Willems	WedM	34:59	03:48	01:35	17:37	01:43	10:15	02:12	02:13	02:13	02:11	02:08	02:09	02:10	02:20
77	Sander van Schoonhoven	RecM	35:01	03:37	01:22	18:07	01:49	10:06	02:17	02:16	02:15	02:15	02:15	02:12	02:13	02:20
2	Rene Visser	WedM	35:25	04:32	01:09	17:49	01:39	10:16	02:15	02:12	02:16	02:15	02:12	02:11	02:12	02:16
13	Harco Draaijer	WedM	35:50	04:46	01:28	17:38	01:37	10:20	02:13	02:11	02:14	02:09	02:13	02:12	02:10	02:15
65	Patrick Fuijk	RecM	35:56	04:52	01:29	17:19	01:35	10:41	02:11	02:11	02:09	02:07	02:10	02:08	02:09	02:15
40	Esther Strijker	WedV	35:59	04:18	01:44	18:05	01:41	10:11	02:14	02:16	02:17	02:16	02:10	02:15	02:14	02:23
100	Remco Snippe	RecM	36:07	04:01	01:52	16:36	01:35	12:03	02:02	02:02	02:02	02:04	02:04	02:02	02:04	02:14
54	Joris Overmeen	Junioren	36:12	03:45	01:05	18:28	01:53	11:01	02:27	02:18	02:19	02:16	02:16	02:14	02:16	02:22
85	Jesse Ter Mate	RecM	36:21	05:27	01:38	17:56	01:36	09:44	02:10	02:13	02:16	02:14	02:14	02:15	02:14	02:20
44	Thirza Stiphout	WedV	36:23	04:37	01:26	17:50	01:41	10:49	02:14	02:11	02:12	02:13	02:13	02:14	02:12	02:21
51	Vincent de Boer	Junioren	36:26	03:58	01:24	18:37	01:51	10:37	02:15	02:21	02:22	02:27	02:18	02:17	02:15	02:21
78	Dennis Groeneveld	RecM	36:46	03:49	01:30	18:16	01:54	11:17	02:11	02:17	02:17	02:17	02:18	02:19	02:18	02:18
89	Kevin Spruijt	RecM	36:55	04:29	01:41	18:31	01:45	10:30	02:19	02:18	02:17	02:17	02:17	02:17	02:19	02:25
107	Dennis Tigchelovend	RecM	37:01	04:10	02:29	17:28	01:33	11:20	02:21	02:04	02:08	02:09	02:08	02:08	02:09	02:22
70	Frank Overgoor	RecM	37:05	04:19	02:02	17:51	01:42	11:11	02:14	02:09	02:14	02:13	02:13	02:13	02:15	02:19
19	Iris Bredewolt	WedV	37:28	04:18	01:41	19:23	01:54	10:12	02:23	02:23	02:27	02:24	02:24	02:28	02:27	02:29
14	Koen Onderwater	WedM	37:49	03:42	01:29	20:04	02:04	10:30	02:21	02:30	02:31	02:38	02:33	02:31	02:27	02:33
102	Niels Damman	RecM	37:53	05:53	01:55	18:19	01:27	10:19	02:22	02:19	02:18	02:15	02:16	02:16	02:15	02:18
23	Nienke Ensink	WedV	37:55	03:53	01:29	18:56	01:56	11:41	02:18	02:17	02:21	02:22	02:22	02:24	02:22	02:29
47	Edwin ten Pas	WedM	37:58	04:37	02:14	16:47	01:33	12:47	02:04	02:05	02:05	02:05	02:05	02:06	02:05	02:11
55	Wessel Everloo	Olympics	38:01	03:11	02:05	20:26	02:04	10:14	02:44	02:36	02:30	02:29	02:32	02:35	02:28	02:33
101	Jesper Hoonhorst	RecM	38:07	05:45	01:24	18:18	01:37	11:03	02:10	02:19	02:22	02:16	02:18	02:14	02:17	02:22

22	Harold Ensink	WedM	38:19	05:31	02:13	18:05	01:35	10:55	02:15	02:15	02:16	02:16	02:16	02:15	02:14	02:18
108	Bert Hoeve	RecM	38:43	04:06	01:31	18:36	01:52	12:38	02:20	02:13	02:17	02:24	02:20	02:18	02:18	02:28
91	Annemiek Hettinga	RecV	38:50	04:36	01:25	19:46	01:54	11:10	02:23	02:29	02:29	02:29	02:29	02:28	02:27	02:31
63	Esther van Maastrigt	RecV	39:08	03:54	01:16	20:34	02:05	11:19	02:36	02:34	02:35	02:32	02:30	02:33	02:34	02:39
43	Davied Meerstra	WedM	39:09	04:22	02:07	21:01	02:05	09:34	02:40	02:37	02:36	02:38	02:37	02:35	02:36	02:43
46	Leoniek Damman-Vrieling	WedV	39:24	05:03	01:20	19:39	01:56	11:26	02:31	02:24	02:25	02:27	02:26	02:28	02:27	02:31
34	Martijn Veenstra	WedM	39:34	05:31	01:32	18:41	01:41	12:09	02:24	02:21	02:19	02:20	02:19	02:17	02:17	02:24
33	Dorien Veenstra	WedV	39:37	04:46	01:59	20:04	01:52	10:56	02:32	02:31	02:33	02:30	02:28	02:29	02:26	02:34
111	Jan van der Steeg	RecM	39:40	05:04	01:24	18:13	01:44	13:14	02:18	02:17	02:15	02:18	02:17	02:14	02:15	02:19
57	Jolein Boom	Olympics	39:49	05:52	01:50	17:11	01:25	13:30	02:29	02:26	02:24	02:22	02:28	02:30	02:32	X
68	Rob Rikken	RecM	40:05	03:44	02:03	20:31	02:06	11:40	02:37	02:35	02:34	02:34	02:31	02:31	02:37	02:32
72	Marthe van Maurik	RecV	40:22	05:00	02:28	19:08	01:43	12:03	02:29	02:22	02:23	02:22	02:21	02:25	02:22	02:23
87	Wendy Snel	RecV	40:25	05:02	01:16	20:23	01:59	11:44	02:41	02:32	02:33	02:30	02:30	02:30	02:30	02:37
50	Noud Assinck	Junioren	40:33	03:41	01:38	22:56	02:23	09:55	02:58	02:54	02:51	02:53	02:48	02:48	02:52	02:52
28	Ferry van Dort	WedM	40:39	03:41	02:24	19:45	01:58	12:51	02:31	02:29	02:30	02:28	02:24	02:25	02:27	02:31
79	Peter Maassen	RecM	40:48	05:04	02:21	18:45	01:42	12:56	02:23	02:20	02:21	02:17	02:17	02:22	02:19	02:25
67	Stephane Ramuzat	RecM	40:50	04:14	01:45	18:12	01:55	14:43	02:22	02:15	02:14	02:16	02:16	02:15	02:15	02:19
82	Anke de Boer	RecV	40:54	05:12	01:32	20:32	01:59	11:38	02:44	02:38	02:36	02:35	02:30	02:30	02:30	02:30
24	Olle Geurts	WedM	41:01	05:19	02:53	19:39	01:37	11:34	02:25	02:27	02:29	02:28	02:22	02:27	02:28	02:32
3	Hans Beukema	WedM	41:54	07:44	02:27	20:13	01:24	10:06	02:35	02:35	02:35	02:31	02:31	02:27	02:29	02:31
56	Abiesh Raguthas	Olympics	41:55	07:40	03:21	17:27	01:02	12:25	02:22	02:28	02:30	02:30	02:28	02:29	02:40	X
109	Laris Noordegraaf	RecV	42:02	05:12	01:24	19:40	01:57	13:48	02:34	02:26	02:26	02:23	02:25	02:27	02:25	02:34
12	Marit Hanewinkel	WedV	42:12	04:47	01:11	20:05	02:02	14:07	02:30	02:29	02:33	02:28	02:29	02:25	02:32	02:39
25	Karin Komdeur	WedV	42:17	04:34	01:58	20:38	02:03	13:04	02:39	02:38	02:35	02:36	02:30	02:31	02:32	02:38
36	Norbert Harmsen	WedM	42:26	04:26	01:56	20:41	01:59	13:23	02:34	02:33	02:35	02:34	02:33	02:33	02:34	02:46
84	Dianne Scholte	RecV	42:30	05:13	02:23	20:56	01:54	12:04	02:39	02:37	02:38	02:35	02:35	02:35	02:36	02:39
105	Bettine Potter	RecV	42:31	05:41	02:15	19:01	01:44	13:50	02:23	02:21	02:21	02:24	02:25	02:20	02:22	02:25
86	Sander Houthuizen	RecM	42:31	05:12	01:14	20:29	01:59	13:37	02:28	02:31	02:33	02:31	02:36	02:36	02:35	02:38
81	Jörg Dieckmann	RecM	42:42	05:14	02:07	19:13	01:45	14:23	02:24	02:24	02:23	02:23	02:23	02:22	02:25	02:29
74	Anne-claire Charlet	RecV	43:05	05:09	01:54	20:51	01:57	13:14	02:42	02:36	02:37	02:35	02:35	02:37	02:35	02:35
8	Jan Arend Buxtorff	WedM	43:07	05:46	02:53	21:07	01:46	11:35	02:39	02:38	02:37	02:39	02:40	02:37	02:34	02:43
110	Jacobien Helleweges	RecV	43:15	04:48	01:54	21:37	02:06	12:50	02:41	02:38	02:35	02:40	02:42	02:43	02:44	02:53
58	Tim Kools	Olympics	43:17	04:26	02:37	22:55	02:13	11:06	02:55	02:54	02:53	02:53	02:52	02:52	02:49	02:48
106	Eva Driessen	RecV	43:31	06:13	02:03	20:14	01:48	13:14	02:31	02:32	02:33	02:31	02:27	02:30	02:31	02:39
75	Luuk van der Veen	RecM	43:37	05:51	01:26	20:32	01:55	13:52	02:32	02:32	02:29	02:36	02:31	02:40	02:37	02:36
80	Sabrina Maassen-de Weerd	RecV	43:45	05:30	02:50	19:15	01:38	14:32	02:31	02:25	02:21	02:23	02:24	02:22	02:23	02:27
53	Sanne Kluin	Junioren	44:02	04:11	01:41	22:00	02:15	13:54	02:44	02:46	02:45	02:46	02:43	02:41	02:45	02:50
64	Jennifer Herms	RecV	44:21	04:20	02:38	22:10	02:10	13:04	02:41	02:45	02:43	02:47	02:44	02:46	02:46	02:57
83	Kees Kersten	RecM	44:22	05:57	02:27	21:17	01:47	12:54	02:44	02:48	02:41	02:37	02:37	02:37	02:34	02:37
21	Danielle Rothe	WedV	44:39	04:25	02:15	21:03	02:06	14:50	02:35	02:35	02:36	02:37	02:39	02:41	02:39	02:41
90	Trees Visser	RecV	45:14	06:44	01:37	19:24	01:40	15:49	02:27	02:27	02:24	02:25	02:25	02:23	02:25	02:28
95	Wibo KloosteRecM	RecM	45:17	07:32	02:44	20:02	01:30	13:29	02:30	02:30	02:30	02:30	02:30	02:30	02:30	02:30
112	Marlies Brandt	RecV	47:00	06:33	01:57	22:20	02:04	14:07	02:46	02:45	02:49	02:45	02:47	02:46	02:46	02:55
99	Charlotte Velthuijsen	RecV	47:31	04:44	02:49	22:32	02:12	15:14	02:42	02:45	02:52	02:49	02:48	02:49	02:48	03:00
115	Christianne Egberts	RecV	48:12	04:33	02:05	22:37	02:23	16:34	02:55	02:47	02:49	02:48	02:47	02:48	02:51	02:54
114	Willemijn Huizenga-Heijnen	RecV	48:22	05:23	02:37	25:52	02:29	12:01	02:48	03:05	03:17	03:21	03:21	03:24	03:24	03:12

92	Chantal Gerritsen	RecV	48:23	06:47	02:41	23:08	02:01	13:45	02:56	02:56	02:52	02:51	02:53	02:50	02:52	02:58
73	Sanne Melenhorst	RecV	48:29	04:59	02:59	22:52	02:10	15:29	02:50	02:48	02:50	02:56	02:53	02:53	02:51	02:51
71	Carolien Plaisier	RecV	48:43	05:16	02:50	22:24	02:08	16:05	02:47	02:45	02:46	02:47	02:49	02:49	02:50	02:50
61 & 62	Bjorn & John Commandeur	Olympics	49:06	06:40	03:11	22:31	01:54	14:50	02:43	02:47	02:43	02:50	02:47	02:50	02:51	02:59
113	Oliver Huizenga	RecM	49:21	05:35	03:05	26:08	02:26	12:07	03:07	03:05	03:17	03:21	03:21	03:24	03:24	03:08
66	Olaf Koot	RecM	49:43	06:48	02:58	26:46	02:17	10:55	03:13	03:20	03:17	03:22	03:22	03:21	03:24	03:26
97	Karin Hoogeveen	RecV	49:50	05:06	02:31	22:56	02:17	17:01	02:50	02:50	02:51	02:54	02:51	02:53	02:49	02:57
52	Olivier Kiffen	Junioren	50:04	04:41	03:32	26:37	02:32	12:42	03:13	03:22	03:26	03:27	03:25	03:11	03:13	03:21
94	Berry Polstra	RecM	50:09	07:09	03:06	23:05	02:01	14:49	02:52	02:52	02:54	02:53	02:51	02:53	02:55	02:55
88	Sandra Luppens	RecV	51:02	06:07	02:50	25:26	02:16	14:23	03:06	03:10	03:11	03:11	03:12	03:12	03:09	03:15
96	Dani Verbeek	RecV	51:20	05:54	10:07	X	X	X	02:52	02:52	02:41	02:41	02:41	02:41	02:41	X
103	Jelle Kleinbussink	RecM	51:41	05:36	03:32	21:58	02:01	18:35	02:50	02:45	02:41	02:40	02:46	02:44	02:45	02:47
93	JP Hoekstra	RecM	54:21	06:22	12:37	X	X	X	02:56	02:48	02:42	02:42	02:34	X	X	X
59 & 60	Matthieu & Dick Roessink	Olympics	1:12:19	10:20	06:07	37:27	02:57	15:27	04:15	04:41	04:42	04:37	04:51	04:49	04:47	04:45